

# PRE-ADMISSION INSTRUCTIONS

## For Pre-Admission Testing and Procedures PRIOR TO SURGERY:

- ✦ **Testing:** If you are having anesthesia, you must have pre-surgical testing. This can either be done by your primary care physician or at Cheyenne Vascular (if permitted by your insurance plan). Our office has provided you and your primary care physician with a detailed list of what pre-surgical testing must be done. Please refer to that list for additional information. Lab tests generally will be performed the night before your surgery.
- ✦ **Scheduling and Arrival Instructions:** You will be contacted by the hospital the night before your procedure to inform you of your expected arrival time. On the day of the procedure, please go to the Admitting area located on the first floor of the hospital.
- ✦ **Other Preparation:** If you are discharged on the day of your procedure, and you have had anesthesia, YOU MUST HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME. You will not be allowed to drive after undergoing anesthesia or sedation.
- ✦ *Our office must be notified of any cancellations 48 hours in advance.*

### ADDITIONAL INSTRUCTIONS:

#### Medications:

- ✦ **7 Days Before Procedure:** Tyclid and Plavix must be stopped 7 days prior to your procedure.
- ✦ **3 Days Before Procedure:** Stop Coumadin (Warfarin) 3 days before your procedure.
- ✦ **24 Hours Before Procedure:** Do not take Avandamet, Glucophage, Glucovance, Metformin, Fortamet, or Metaglip during the 24-hour period prior to your procedure.
- ✦ **Morning of the Procedure:** Do not take Glypizide, Glyberide, Avandia, Actos, or Glucotrol the morning of the procedure.
- ✦ Except for those medications listed above, you may take your usual medications with a sip of water the morning of the procedure.

#### Food:

- ✦ **Night Before Procedure:** If you are having anesthesia or sedation, DO NOT EAT OR DRINK ANYTHING AFTER 12:00 MIDNIGHT THE NIGHT BEFORE THE PROCEDURE. This includes coffee, tea, chewing gum, or mints. Failure to comply with this requirement may result in the cancellation of your procedure.

#### Herbs:

- ✦ **1-2 Weeks prior to procedure:** The following herbs should be discontinued 1-2 weeks prior to your procedure: Garlic, Ginko Biloba, Feverfew, St. Johns Wort, and Ginseng.



Dr. Kenneth Madsen  
2301 House Avenue  
Suite 203  
Cheyenne, WY 82001  
Phone (307) 778-1849  
Fax (307) 778-4995

## BECOME A MORE INFORMED PATIENT

A more educated patient is a more compliant and, therefore, healthier patient. Follow these steps to become more educated about your vascular condition, treatment, and after-care requirements:

1. Go to our website at [www.cheyennevascular.com](http://www.cheyennevascular.com).
2. Click "Log In" in the upper right corner of the site.
3. Under *Patient Registration*, click "Sign Up."
4. In the *Practice Code* box, type "SWVASCULAR" and click "Continue."
5. Complete the registration form and click "Continue."
6. Follow the online instructions to complete the process.